

# FOOD MENU

| Treenuts                                                                            | Sesame                                                                              | Peanut                                                                              | Soybean                                                                             | Mustard                                                                             | Fish                                                                                | Molluscs                                                                            | Crustaceans                                                                         | Celery                                                                              | Gluten                                                                              | Sulphur Dioxide                                                                     | Lupin                                                                             | Egg                                                                               | Milk                                                                              |
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## BREAKFAST

|                                    |                                     |                                     |  |                                     |                                     |  |  |  |  |  |  |                                     |                                     |  |  |
|------------------------------------|-------------------------------------|-------------------------------------|--|-------------------------------------|-------------------------------------|--|--|--|--|--|--|-------------------------------------|-------------------------------------|--|--|
| The Alderford Breakfast            |                                     | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |                                     |  |  |
| The Veggie Breakfast Bowl          |                                     | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |                                     |  |  |
| The Fully Loaded Breakfast Burrito | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | MC                                  | <input checked="" type="checkbox"/> |  |  |

## PANCAKES

|                            |                                     |                                     |  |                                     |                                     |                                     |  |  |  |  |  |                                     |  |  |  |
|----------------------------|-------------------------------------|-------------------------------------|--|-------------------------------------|-------------------------------------|-------------------------------------|--|--|--|--|--|-------------------------------------|--|--|--|
| Maple Pancakes             | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |
| Apple Crumble Pancakes     | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |                                     |  |  |  |  |  | MC                                  |  |  |  |
| Hot Honey Chicken Pancakes | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |

MC = MAY CONTAIN

# FOOD MENU

| Treenuts                                                                            | Sesame                                                                              | Peanut                                                                              | Soybean                                                                             | Mustard                                                                             | Fish                                                                                | Molluscs                                                                            | Crustaceans                                                                         | Celery                                                                              | Gluten                                                                              | Sulphur Dioxide                                                                     | Lupin                                                                              | Egg                                                                               | Milk                                                                              |
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## BRUNCH

|                             |                                     |                                     |  |                                     |                                     |  |  |  |  |  |  |                                     |    |    |    |
|-----------------------------|-------------------------------------|-------------------------------------|--|-------------------------------------|-------------------------------------|--|--|--|--|--|--|-------------------------------------|----|----|----|
| Loaded Hash Browns          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> |                                     |  |  |  |  |  |  | <input checked="" type="checkbox"/> |    |    |    |
| Croissant Benedict          | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | MC                                  | MC | MC | MC |
| Avocado Sourdough           |                                     |                                     |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> | MC | MC | MC |
| Poached Eggs on Sourdough   |                                     | <input checked="" type="checkbox"/> |  |                                     | <input checked="" type="checkbox"/> |  |  |  |  |  |  | MC                                  | MC | MC | MC |
| Turkish Eggs                | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | MC                                  | MC | MC | MC |
| Spiced Apple & Gronola Bowl | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  | <input checked="" type="checkbox"/> |                                     |  |  |  |  |  |  |                                     |    |    |    |

## BREAKFAST SANDWICH

|                               |  |  |  |                                     |                                     |  |  |  |  |  |  |                                     |  |  |  |
|-------------------------------|--|--|--|-------------------------------------|-------------------------------------|--|--|--|--|--|--|-------------------------------------|--|--|--|
| Sausage Sandwich              |  |  |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |
| Veggie/Vegan Sausage Sandwich |  |  |  |                                     | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |
| Bacon Sandwich                |  |  |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |
| Sausage and Bacon Sandwich    |  |  |  | <input checked="" type="checkbox"/> | <input checked="" type="checkbox"/> |  |  |  |  |  |  | <input checked="" type="checkbox"/> |  |  |  |

(Dishes that come with coleslaw contain egg)

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| ALDERFORD FAVOURITES                                    |    |    |    |    |   |    |    |    |    |    |    |    |    |    |
|---------------------------------------------------------|----|----|----|----|---|----|----|----|----|----|----|----|----|----|
| Crispy Sweet Chilli Chicken Wrap                        |    | ✓  |    | ✓  | ✓ | ✓  |    |    |    | MC | ✓  |    |    |    |
| Welsh Rarebit                                           | ✓  | ✓  |    | ✓  | ✓ |    |    |    |    | ✓  | ✓  | MC | MC | MC |
| The Alderford Club                                      |    | ✓  |    | ✓  | ✓ | ✓  |    |    |    |    | ✓  | MC | MC | MC |
| Roasted Tomato & Burrata Flatbread                      | ✓  |    |    | ✓  | ✓ |    |    |    |    |    | ✓  |    |    |    |
| Tart of the Day (Base ingredients)                      | ✓  | ✓  | MC | ✓  | ✓ | MC | MC | MC | MC | MC | ✓  | MC | MC | MC |
| Soup of the Day (Base ingredients)                      | MC | MC | MC | MC | ✓ | ✓  | MC | MC | MC | MC | MC | MC | MC | MC |
| Soup of the Day & Cheddar,<br>caramelised onion toastie | ✓  | MC | ✓  | MC | ✓ | ✓  | MC | MC | MC | MC | MC | MC | MC | MC |

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|           |                                                                                     |                                                                                     |                                                                                      |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |                                                                                       |

| PROPER SANDWICHES         |   |   |  |   |   |  |  |  |  |  |   |  |  |  |
|---------------------------|---|---|--|---|---|--|--|--|--|--|---|--|--|--|
| Bacon, Brie and Cranberry | ✓ | ✓ |  | ✓ | ✓ |  |  |  |  |  |   |  |  |  |
| Bhaji, Mango and Mint     | ✓ | ✓ |  |   | ✓ |  |  |  |  |  | ✓ |  |  |  |

| FOOD MENU            |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
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|                      | Treenuts                                                                            | Sesame                                                                              | Peanut                                                                              | Soybean                                                                             | Mustard                                                                             | Fish                                                                                | Molluscs                                                                            | Crustaceans                                                                         | Celery                                                                              | Gluten                                                                              | Sulphur Dioxide                                                                       | Lupin                                                                             | Egg                                                                                | Milk                                                                              |
|                      |  |  |  |  |  |  |  |  |  |  |     |  |   |  |
| MAKE IT YOURS...     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| Buttered Mushrooms   |                                                                                     |                                                                                     |                                                                                     |  |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| Fried or Poached Egg |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |   |                                                                                   |
| Pork Sausage         |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |    |                                                                                   |                                                                                    |                                                                                   |
| Smoked Bacon Bacon   |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |    |                                                                                   |                                                                                    |                                                                                   |
| Hash Brown           |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| Smoky Baked Beans    |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| ON THE SIDE          |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| Chunky Chips         |                                                                                     |                                                                                     |                                                                                     |  |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |                                                                                    |                                                                                   |
| Cheesy Chips         |                                                                                     |                                                                                     |                                                                                     |  |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |   |                                                                                   |
| House Slaw           |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                       |                                                                                   |  |                                                                                   |
| Dressed Leaves       |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |                                                                                     |  |                                                                                   |                                                                                    |                                                                                   |